



No. 27

BAR & LOUNGE
BREAKFAST MENU

BREAKFAST SELECTION

Hot Irish Oatmeal Porridge • 8

Served with Lavender Honey

Shelbourne Boiled Eggs • 9

2 Boiled Eggs with a Choice of Brown or White Toast

Classic Eggs Benedict • 18

2 Poached Eggs, Sour Dough Muffin, Braised Limerick Ham, Hollandaise

'Shelbourne' Eggs Benedict • 24

2 Poached Eggs, Sour Dough Muffin, Grilled Irish Fillet of Beef, Hollandaise

3 Farm Egg Omelette with Hash Brown • 20

Mount Callan Cheddar, St. Tola Goats Cheese, Irish Farm Bacon or Ham, Mushrooms, Peppers, Onion, Tomato, Spinach, Smoked Salmon

The Shelbourne Irish Breakfast • 26

Eggs Any Style, Grilled Bacon, Hicks Pork Sausages, Potato Hash Brown, Roasted Tomato Clonakilty Black Pudding & White Pudding, Sautéed Mushrooms

'Shelbourne' Pancakes • 16

Buttermilk Pancakes, Grilled Irish Bacon, Apple Compôte & Warm Maple Syrup

Raspberry Pancakes • 14

Raspberry Pancakes, Warm Maple Syrup

Banana Pancakes • 14

Banana Pancakes, Warm Maple Syrup

French Toast • 13

Served with Warm Maple Syrup

Toasted Bagel • 13

Served with Cream Cheese and Wild Irish Smoked Salmon

Selection of Freshly Baked Pastries, Muffins and Scones • 4 per piece

A Hot Beverage and a Morning Pastry • 9

If you are concerned about food allergies e.g. nuts,
please seek assistance from your server when selecting menu items

THE JUICE BAR

Energy | 217 Calories

Caffeine replacement juice to start the day right

Lusk kale, spinach, flat parsley, soy lecithin, beetroot leaves and red gala apple

Multi-Function | 213 Calories

A great all round invigorating juice with the natural sweetness of beetroot

Beetroot, ruby grapefruit and cucumber

Skin Toning | 213 Calories

Juice rich in vitamins A, D, E essential to maintain smooth skin

Cox green apple, carrot, fennel, cucumber, avocado and evening primrose oil

Anti-Fatigue | 308 Calories

A great tasting juice containing the anti-inflammatory properties of spinach

Cox apple, spinach, tomato, blueberries and carrots

Antioxidant Rich | 180 Calories

Juice rich with the antioxidant properties of kiwi and strawberry

Kiwi, strawberry, blueberry and peppermint

Additions

Evening primrose oil, wheat-grass powder, soy lecithin powder, spirulina, psyllium husk, plain juices, beetroot, pineapple, green apple, cantaloupe melon, seasonal fresh berries, carrot, tomatoes.

All Juices 7

À LA CARTE BEVERAGES

FRUIT JUICES • 5

- Orange Juice
- Grapefruit Juice
- Pineapple Juice
- Cranberry Juice
- Apple Juice
- Tomato Juice

COFFEE • 6

- Americano
- Double Espresso
- Cappuccino
- Latte

ESPRESSO • 5

TEA & INFUSIONS • 6

- Irish Breakfast Black
- Camomile
- Earl Grey
- Peppermint
- Japan Classic
- Jasmine

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Visit our website: www.shelbournedining.ie